

Skills-Based Health Education

Lesson Plan Format

Name _____

State Health Standard (s) _____

Grade _____ Time allotted _____

Essential Question _____

1. Performance objectives (Standard 1 and skills Performance indicators)

What do you want the students to know and be able to do?

2. Assessment

How will you know that your students have achieved the performance objectives?

3. Procedure (activities, strategies, etc.)

Explain the procedures, bell to bell, that enable students to achieve the performance indicators.

4. Reflection

What can I do to improve this lesson, based on the results of formative assessment.

Instructional connections

Home work _____

Interdisciplinary connections _____

Opportunities for parent participation _____

Opportunities for parent/community involvement _____

Teacher resources needed _____

Student resources needed _____